Name: _____ Date: _____

Achoo! The Nose Cleaner

Circle group

Your nose has tiny hairs. It has sticky mucus too. They catch dust and germs when you breathe. Your nose is like a filter.

A bit of dust tickles inside your nose. Your body wants it out. A message goes to your brain. Your brain tells your chest to push air out fast. Achoo! The air carries the dust out.

A sneeze sprays tiny drops. They can have germs. Germs can make people sick. So sneeze into a tissue or your elbow. Throw the tissue away. Wash your hands.

A sneeze is good. It cleans your nose.

Questions

1. What catches dust in your nose?

_____

_____

2. What starts a sneeze?

_____

_____

3. What does the burst of air do?

_____

_____

4. Where should you sneeze?

_____

_____

5. Why should you wash your hands after you use a tissue?

_____

_____

Words to know

mucus: the sticky wet stuff inside your nose
germs: tiny living things that can make you sick
tickles: makes a light, itchy feeling

tissue: a soft paper for wiping your nose

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

Name: _____ Date: _____

Achoo! The Nose Cleaner

Triangle group

Inside your nose are tiny hairs and sticky mucus. They catch dust and germs when you breathe. Your nose is like a little filter.

Sometimes a bit of dust tickles the inside of your nose. Your body wants it out right away. A message zips to your brain. Then your brain tells your chest and throat to push air out in one quick burst. Achoo! The rush of air carries the dust away.

A sneeze sprays tiny drops that can hold germs. Those germs can make other people sick. So sneeze into a tissue or into your elbow. Throw the tissue away, and then wash your hands.

A sneeze is not a bad thing. It is just your body cleaning house.

Questions

1. What catches dust inside your nose?

_____

_____

2. What starts a sneeze?

_____

_____

3. What does the burst of air do?

_____

_____

4. Where should you sneeze?

_____

_____

5. Why should you wash your hands after using a tissue?

_____

_____

Words to know

mucus: the sticky wet stuff inside your nose
germs: tiny living things that can make you sick
tickles: makes a light, itchy feeling
burst: a sudden rush
tissue: a soft paper for wiping your nose

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

Name: _____ Date: _____

Achoo! The Nose Cleaner

Square group

Inside your nose are many tiny hairs along with sticky mucus, and together they trap dust and germs whenever you breathe. In a way, your nose works like a small filter.

Occasionally a speck of dust tickles the inside of your nose, and your body wants to get rid of it immediately. A message races to your brain, and your brain instructs your chest and throat to push air out in one powerful burst. Achoo! The rush of air sweeps the dust away.

A sneeze also sprays tiny drops that may contain germs, and those germs can make other people sick. For that reason, you should sneeze into a tissue or into your elbow. Throw the tissue away, and then wash your hands carefully.

A sneeze is nothing to be ashamed of. It is simply your body cleaning house.

Questions

1. What traps dust inside your nose?

_____

_____

2. What usually starts a sneeze?

_____

_____

3. What does the rush of air do?

_____

_____

4. Where should you sneeze so you do not spread germs?

_____

_____

5. Why should you wash your hands after using a tissue?

_____

_____

Words to know

mucus: the sticky wet stuff inside your nose
germs: tiny living things that can make you sick
tickles: makes a light, itchy feeling
burst: a sudden rush
tissue: a soft paper for wiping your nose

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

For the teacher: Achoo! The Nose Cleaner

Each student sheet carries a shape, not a level. The same topic and facts, written three ways.

Circle: Achoo! The Nose Cleaner

Easier · 97 words · Flesch-Kincaid grade 0.5

1. Tiny hairs and sticky mucus.
2. Dust that tickles inside your nose.
3. It carries the dust out.
4. Into a tissue or your elbow.
5. Germs may be on your hands.

Triangle: Achoo! The Nose Cleaner

This passage · 121 words · Flesch-Kincaid grade 2.1

1. Tiny hairs and sticky mucus.
2. Dust that tickles the inside of your nose.
3. It carries the dust away.
4. Into a tissue or into your elbow.
5. Germs from the sneeze may be on your hands.

Square: Achoo! The Nose Cleaner

Harder · 139 words · Flesch-Kincaid grade 5.5

1. Tiny hairs and sticky mucus.
2. A speck of dust that tickles the inside of your nose.
3. It sweeps the dust away.
4. Into a tissue or into your elbow.
5. Germs from the sneeze may be on your hands.