Name: _____ Date: _____

Shiver, Shiver, Warm Up

Circle group

It is a chilly morning. Nina steps outside. Her body starts to shake. Her teeth chatter. This is shivering.

Shivering is not a mistake. When you are cold, your muscles jerk in tiny moves. Moving makes heat. So shivering helps you get warm.

You can help, too. Put on a coat, a scarf and mittens. Go in and sip something warm. The shivers will stop.

Questions

1. What does Nina's body do outside?

_____

_____

2. What moves in tiny jerks when you are cold?

_____

_____

3. What does moving make?

_____

_____

4. What can you put on to help?

_____

_____

5. Why is shivering good for you?

_____

_____

Words to know

shiver: to shake a little because you are cold
chilly: cold enough to feel uncomfortable
muscle: a part of the body that helps you move
mitten: a warm cover for the hand with one space for all the fingers

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

Name: _____ Date: _____

Shiver, Shiver, Warm Up

Triangle group

It is a chilly morning. Nina steps outside, and her body starts to shake. Her teeth even chatter. This is called shivering.

Shivering is not a mistake. When you are cold, your muscles move fast in tiny jerks. Moving makes heat. So shivering helps you get warm.

You can help your body, too. Put on a coat, a scarf and mittens. Go back inside. Sip something warm. Soon the shivers will stop. Then you can go out and play again.

Questions

1. What does Nina's body do when she steps outside?

_____

_____

2. What moves in tiny jerks when you are cold?

_____

_____

3. What does moving make?

_____

_____

4. What can you put on to help your body?

_____

_____

5. Why is shivering a good thing for your body?

_____

_____

Words to know

shiver: to shake a little because you are cold
chilly: cold enough to feel uncomfortable
muscle: a part of the body that helps you move
mitten: a warm cover for the hand with one space for all the fingers

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

Name: _____ Date: _____

Shiver, Shiver, Warm Up

Square group

It is a chilly morning, and as soon as Nina steps outside, her whole body begins to shake. Her teeth even chatter. This reaction is called shivering.

Shivering is not a mistake at all. When you are cold, your muscles move quickly in tiny jerks. Because movement creates heat, shivering is one way your body helps you get warm.

You can help your body as well. Put on a coat, a scarf and a pair of mittens, then go back inside and sip something warm. Before long, the shivers will stop.

Questions

1. What happens to Nina's body when she steps outside?

_____

_____

2. What moves quickly in tiny jerks when you are cold?

_____

_____

3. What does movement create?

_____

_____

4. What can you put on to help your body?

_____

_____

5. Why is shivering helpful to your body?

_____

_____

Words to know

shiver: to shake a little because you are cold
chilly: cold enough to feel uncomfortable
muscle: a part of the body that helps you move
mitten: a warm cover for the hand with one space for all the fingers

Talk together (every group has these)

1. Find one fact that every group read. How did your sheet say it?
2. What did your sheet tell you that you think another group's did not? Ask them.
3. What is one question about this topic that none of the sheets answered?

For the teacher: Shiver, Shiver, Warm Up

Each student sheet carries a shape, not a level. The same topic and facts, written three ways.

Circle: Shiver, Shiver, Warm Up

Easier · 65 words · Flesch-Kincaid grade 1.8

1. It starts to shake.
2. Your muscles.
3. Heat.
4. A coat, a scarf and mittens.
5. It makes heat and helps you get warm.

Triangle: Shiver, Shiver, Warm Up

This passage · 80 words · Flesch-Kincaid grade 2

1. It starts to shake.
2. Your muscles.
3. Heat.
4. A coat, a scarf and mittens.
5. It makes heat, so it helps you get warm.

Square: Shiver, Shiver, Warm Up

Harder · 91 words · Flesch-Kincaid grade 4.3

1. Her whole body begins to shake.
2. Your muscles.
3. Heat.
4. A coat, a scarf and a pair of mittens.
5. It creates heat, so it is one way your body gets warm.